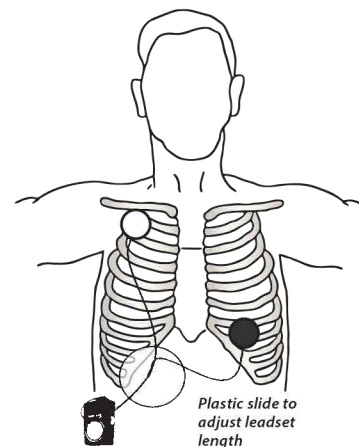




# HTS A-FIB

## PATIENT INSTRUCTIONS



### TO HOOK UP:

1. Snap the lead wires onto the electrodes. Place the electrodes on your chest in the configuration shown. Remember: White on the right and black on the left.

### TO RECORD:

1. You can record an event at any time by pressing the "RECORD" button found on the top of the monitor.
2. While the recording is taking place, remain as still as possible to achieve a good recording. If the monitor's sound is turned "ON", you will hear a pulsating sound throughout the recording. If the monitor's sound is turned "OFF", you will only hear a 1-second beep when the Record button is pressed and then a 2-second beep at the end of the recording.
3. Call 1-800-590-5559 if you need assistance to turn the monitor's sound off.
4. The monitor can store (3) recordings in the memory. We encourage you to transmit your recordings promptly after each recording.

### TO SEND YOUR ECG:

1. Remove the monitor from the clip and place it on a flat surface. YOU DO NOT NEED TO UNPLUG THE CABLE FROM THE MONITOR.
2. Call the Cardiac Monitoring Center at 1-800-590-5559 and tell the technician that you need to transmit an ECG recording.
3. When instructed, press and release the "SEND" button. The monitor will produce a steady tone playing your recorded ECG's over the telephone.
4. Place the mouthpiece of your phone directly over the front of the monitor.
5. When the transmission is complete, pick up the phone and speak to a technician for any additional instructions.

### TO RESET THE MONITOR:

1. Once the technician has confirmed the transmission was successful, you must clear the monitor's memory by pressing the "RESET" button.

### TO CHANGE THE BATTERY:

1. The monitor should operate on (1) AA battery for a period of 14 days. The monitor will beep once every 15 seconds when it is time to replace the battery.
2. To change the battery, remove the sliding panel on the side of the monitor.
3. Carefully remove the old battery.
4. Insert (1) new AA battery. Follow the polarity instructions (+/-) on the floor of the battery compartment. The monitor will beep to confirm proper placement. Replace the sliding panel.

### RETURNING TO DOCTORS:

When you are finished with the monitor, please take it and any leftover electrodes, batteries and equipment back to your doctor's office. The monitor can be returned to any nurse. You do not need to have or make an appointment for this. In the event that you are unable to take it back to your doctor, please contact the monitor return department at 516.872.7001. We will provide you with a UPS return envelope.

### RETURNING TO SKY MEDICAL:

When you are finished with the monitor, please place it and any leftover electrodes, batteries, and equipment into the UPS return envelope. Seal up the open end of the envelope and place it into any UPS Drop Off Box. You will find a list of Drop Off locations with the return envelope.



THANK YOU

